



## PERSONALITY

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*Question: Do “opposites attract” or do “birds of a feather flock together”?*  
*Answer: Both are true.*

### SCOPE OUT YOUR PERSONALITY

Exploring your personality and your partner’s personality, can be a fascinating and fun process. It can also point out challenges for couples who love one another, but have very different personalities and approaches to life.

#### COUPLE DISCUSSION:

First, review the Personality SCOPE section of your computer report.

**1. In what area(s) are your personalities similar?**

- a. How can your similarities be a strength?
- b. How can your similarities create problems?

**2. In what areas are your personalities different?**

- a. How can your differences be a strength?
- b. How can your differences create problems?

**3. Do the roles you fulfill in your relationship match your personality strengths?**  
(e.g. Does the person who scored high on organization manage the checkbook?)

### Dealing with Personality Differences

- Don’t try to change your partner’s personality. It won’t work!
- Remember the positive aspects of your partner’s personality that attracted you in the first place.
- Be responsible for yourself. Try to learn behaviors that will positively contribute to your relationship.
- How can you use your personality differences as a strength in your relationship?